

2016 Culture College Clothing List

The following list outlines the clothing and equipment that Culture College recommends be brought with you on your program. We have **highlighted** items that are **essential** and **must** be brought. The list has been developed so that all activities and weather scenarios are catered for.

Clothing Checklist

Waterproof jacket	Even though we are visiting in the dry season, the weather can be unpredictable. Waterproof breathable fabric is best. This allows you to be active and not sweat. Must be 100% waterproof.
Waterproof pants	Waterproof breathable fabric is best (recommended but not essential)
2-3 pairs of shoes	1 pair must be comfortable and provide good support for trekking in slippery and unsteady terrain. Walking shoes/boots/runners must be well broken in! Good tread for grip in slippery areas. Old discard-able trainers are highly recommended for walking through mud, shallow water and on the beach covering rock oysters and jagged rocks (well fitted 'Crocs' or flat jelly shoes also suitable). A second pair of lighter covered shoes for other activities and the evenings. Thongs/sandals can also be brought for down time.
4 pairs of socks	Comfortable cotton socks for walking in.
2 pairs long pants	2 pairs of light quick dry pants. They will help protect you if any mossies are about.
4+ t-shirts/tops	Strappy vest tops are not suitable.
3 pair of shorts/skirt	Shorts must be good for walking in. Shorts/skirts/dress for evenings.
1 jumper/hoodie	For cooler evenings when we are camping
2 long-sleeve t-shirts/shirts	Excellent to keep the sun off and staying cool/stay warm in the evening and to protect if any mossies are about.
Swimsuit/Board shorts	For swimming in Nhulunbuy pool.
Underwear	As many as you see fit
Sun hat	Preferably a broad brimmed hat or at least a cap
Sunglasses	Backup pair also recommended if likely to break or misplace.

2016 Culture College Equipment List

The following list outlines the clothing and equipment that Culture College recommends be brought with you on your program. We have **highlighted** items that are **essential** and **must** be brought. The list has been developed so that all activities and weather scenarios are catered for.

Equipment Checklist

Bag	Either a duffle or backpack is suitable for packing all your clothing and equipment. 80L maximum is preferable. Hard suitcases etc. are not suitable for transporting.
Small backpack	Small backpack for trekking and carrying items such as repellent, sunscreen, towel, swimwear etc.
Towel	Camping or beach towel. Towel is provided with sheets and pillow whilst in Culture College campus building in Nhulunbuy.
Pillow	Optional but recommended especially is susceptible to allergies. Good for coach and 4x4 bus journeys as well as home comforts when out on Homeland.
Water bottle	You must be able to carry a minimum of 2 litres of water. Plastic bottles are suitable.
Torch	A head torch or small hand held variety.
Toiletries	Just the basics, toothbrush/paste, shower gel, shampoo etc.
Sunscreen	30+ water resistant
Personal 1 st aid kit (small)	Band aids, tissues etc. (Culture College and the School will also have first aid supplies at all times)
Insect repellent	Aeroguard or Bushman's recommended (Bushman's aerosol variety not permitted for travel on Airnorth flights)
Personal medications	Any personal medication you are currently taking.
Whistle	For getting attention
Camera/Go-pro/Phone	Optional but recommended. At times you may use your phone (Telstra has reception in Nhulunbuy) but at times phone use will be restricted and there is no reception out on Homeland.
Notebook/Pen	For lessons and taking notes on your experience – a Culture College notebook and pen will also be presented to you on arrival.
Plastic bags	For dirty/wet clothing